

# **WE WILL MAKE ANY OF THE FOLLOWING KETO/LOW CARB MEALS BY REQUEST WITH 1 DAYS NOTICE (Order Monday for Tuesday ect ect)**

**Eggroll "Bowl" KF - Fresh Cabbage, Carrots and Seasoned Ground Pork with our Signature Asian Spices in this Deconstructed Eggroll. \$35**

**Philly Cheese Steak Stuffed Peppers GF, KF - Fresh Bell Peppers Stuffed with Seasoned Beef, Sauteed Onions and our Homemade Cheese Sauce. Topped with Melted Provolone. \$40**

**Chicken Pot Pie - GF, KF - Traditional Chicken Pot Pie with Keto Friendly Sauce and Filling Topped with our Completely Keto Cheddar Garlic Biscuits. \$40**

**NoCo Beef and Broccoli - GF, KF - Seasoned Beef, Fresh Roasted Broccoli Florets, Sauteed Peppers and Onions in a Spicy Garlic Sauce. \$40**

**Chicken Cordon Bleu Casserole - GF, KF - Grilled Chicken Breast and Chunks of Ham in a Creamy Keto Dijon Sauce, Topped with Melted Swiss Cheese. \$40**

**Caprese Chicken Thighs - GF, KF - Pan Seared Chicken Thighs Topped with our Fresh Basil Pesto, Roasted Tomato Relish and Melted Mozzarella. \$40**

**Spaghetti Squash Scampi - GF, KF - Roasted Spaghetti Squash in a Garlic Butter and White Wine Sauce Served with your choice of Grilled Chicken or Grilled Shrimp. \$40**

**Chicken Divan GF, KF - Chunks of Juicy Chicken, Broccoli Florets, Cheddar Cheese in a Rich and Creamy Gluten Free Sauce, Topped with Pork Rind "Panko" and baked to perfection. . \$40**

**Lemon Chicken Over Roasted Garlic Zoodles or Rice\* - GF, KF\* - Chunks of Tender Chicken Breast In a Light Lemon Sauce Served Over Homemade Zucchini Noodles or Rice Pilaf\* with Roasted Garlic and Oil. \$35**

**Seared Salmon - GF, DF, KF - Fresh Wild Caught Salmon, Seasoned with NoCo Dust and Fresh Lemon Juice. Served with Roasted Broccoli and our Homemade Remoulade. \$45**

**Call or text 845-445-7332**